



WHO WE ARE - THE ECHO HUB TEAM







SDSU

Rockefeller University

• Jonathan Tobin, PhD

Clinical Directors Network

- Jonathan Tobin, PhD
- Marija Zeremski, PhD
- Melissa Samanoglu
- Monisa Nayim

Texas State University

Zo Ramamanjiarvielo, PhD





San Diego State University

- Paula Stigler Granados, PhD
- Michael Vingiello, MPH

University of Texas Health Science Center (UTHealth), San Antonio

- Shreya Prasanna, BPTh., MSc.
- Keito Kawasaki, MPH

CHAGAS DISEASE 4-PART SERIES

Today's Session - Session 3: Chagas Disease as a Migrant Health Issue

Upcoming Session:

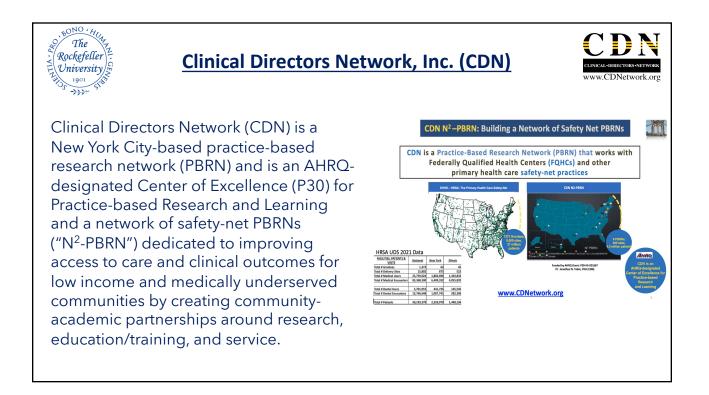
March 6, 2024 - Session 4: Interprofessional Team Approaches to Chagas Disease Management

Past Sessions:

- December 6, 2023 Session 1: Chagas Disease in the USA: Screening, Diagnosis, and Treatment for Primary Care Clinicians
- Sanuary 10, 2024 Session 2: Congenital and Pediatric Chagas Disease in the USA

1.5 CME/CNE credit available for each session for total **6.0** credits for entire series provided by The American Academy of Family Physicians (AAFP)





PRESENTER



Dr. Colin Forsyth, PhD

- Colin is an epidemiologist and medical anthropologist who lived in Bolivia in the 1990s and became acquainted with the devastating impact of Chagas disease while there. He returned in Bolivia in 2013 to complete dissertation research focused on the sociocultural dimensions of Chagas disease in Bolivia.
- In 2016, Colin joined the Drugs for Neglected Diseases initiative to perform qualitative and epidemiological research on barriers to access to diagnosis and treatment of Chagas disease.
- He has conducted research in Bolivia, Los Angeles, and the United States investigating the beliefs, experiences, and treatment strategies of people affected by Chagas disease, as well as key barriers that hamper access to healthcare.
- Colin is involved in multiple projects to improve access to diagnosis and treatment and manages DNDi's Chagas Clinical Research Platform.

PRESENTER



Dr. Alyse Wheelock, MD

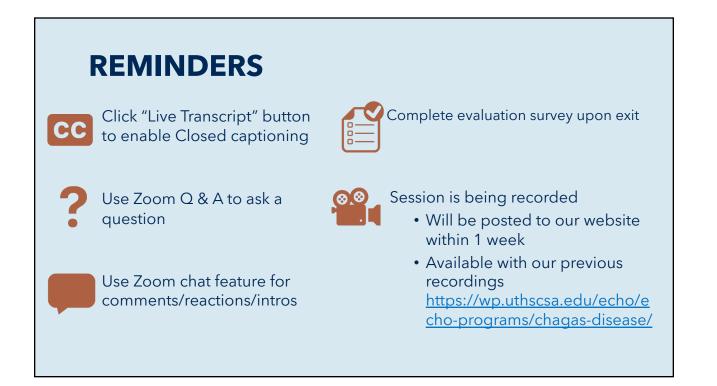
- Dr. Wheelock is a postdoctoral research fellow and infectious diseases physician at Boston University School of Medicine/ Boston Medical Center (BMC).
- She completed internal medicine residency and infectious diseases fellowship at BMC, where she currently attends on the infectious diseases inpatient service and in the Immigrant and Refugee Health Center.
- Her work on Chagas disease includes research on local diagnostic testing as well as educational programs to encourage screening for Chagas disease in people from endemic regions.

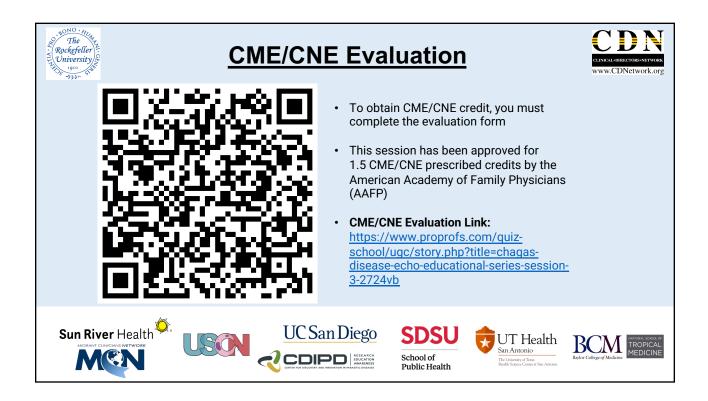
DISCUSSION FACILITATOR

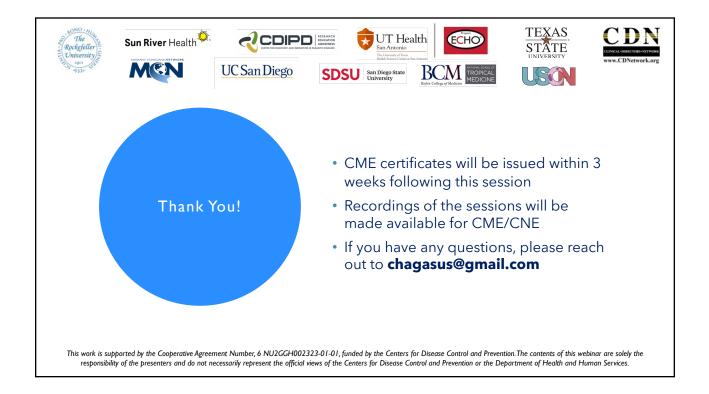


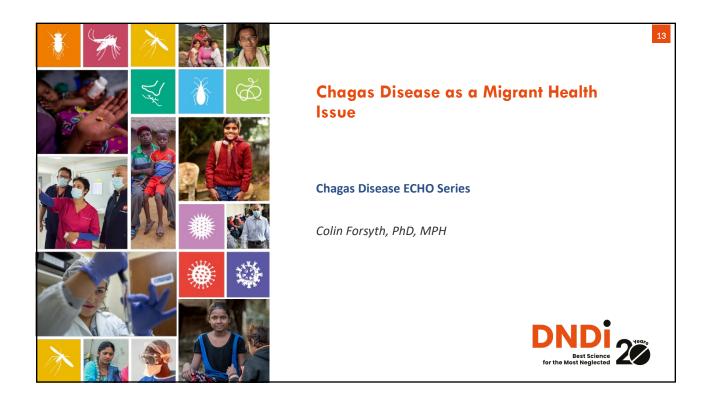
Dr. Paula Stigler Granados, PhD

- Dr. Paula Stigler Granados is an Associate Professor in the School of Public Health and Division Head of the Environmental Health Division.
- She is a subject matter expert in Chagas disease and has been the PI for the last 8 years on a Center for Disease Control funded cooperative agreement award to raise awareness among healthcare providers in the U.S. about Chagas disease. She also works with the U.S. military on Chagas disease surveillance activities and helped launch the Texas Chagas Taskforce in 2015.





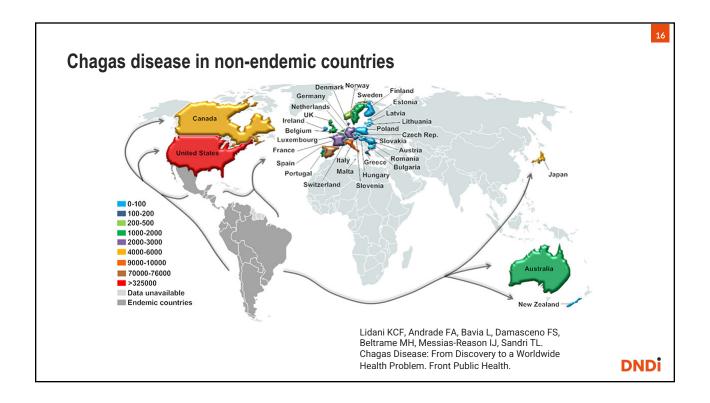


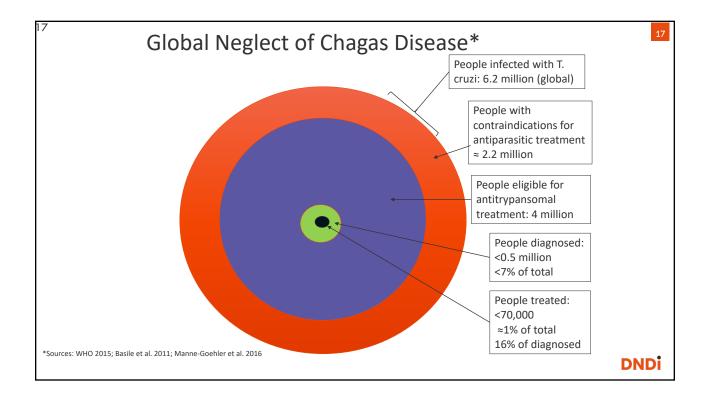


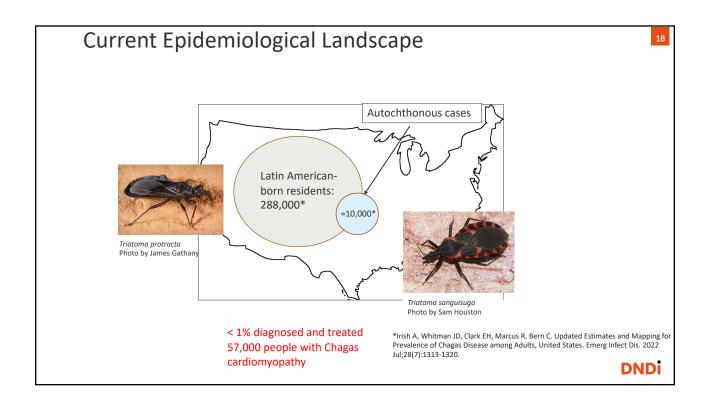


- Establish the reasons why Chagas disease is a challenging global issue
- Explain how Chagas disease impacts groups of people in different ways
- Understand strategies to mitigate problems for migrants from Chagas disease









Chagas Disease: Main Risk Factors

- Having been born or lived >6 months in mainland Latin America
 - Excluding the Caribbean
- Having lived in housing made of adobe, mud, or thatch in rural Latin America
- Having a family member with Chagas disease
- Finding kissing bugs living in the home

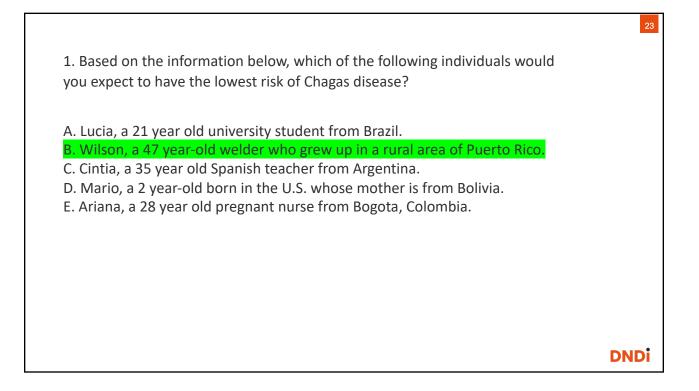


| Study | Population | prevalence (%) |
|----------------------------|--|-------------------|
| Castro et al. 2020 | 1,514 people in the greater Washington, DC metropolitan area (community screening program) | 3.8 |
| Hernandez et al. 2019 | 189 relatives of 86 previously diagnosed patients with CD | 7.4 |
| Manne-Goehler et. al. 2019 | 5,125 people from endemic regions screened in primary care setting in East Boston | 1.0 |
| Meymandi et al. 2017 | 4,755 Latin American-born residents of Los Angeles (community screening program) | 1.2 |
| Traina et al. 2017 | 327 hospital patients with electrocardiogram abnormalities | 5.2 |
| Park et al. 2017 | 80 patients with pacemakers | 7.5 |
| Traina et al. 2015 | 135 hospital patients with nonischemic cardiomyopathy | 19.0 |
| Kapelusznik et al. 2013 | 39 hospital patients with nonischemic cardiomyopathy | 13.0 |

DNDi

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Chagas Disease as a Migrant Health Issue Migration and risk of Chagas disease Migrants from Chagas-endemic countries were often exposed to risk of Chagas disease due to socioeconomic conditions Access to healthcare in host countries is often precarious Migration exposes people to additional health risks; more research is needed to determine any relationship with *T. cruzi* exposure Studies of *T. cruzi* infection along migration routes 79/392 migrants at Mexico/Guatemala border reported seeing triatomines at places they slept during travel, and 12 were seropositive for *T. cruzi* (Conners et al 2017) Half of 120 Central American migrants in Mexico reported being bitten and 20% had serological evidence of *T. cruzi* (Montes-Rincon et al 2018)





What can happen when this disease goes unrecognized?

- 42 y/o previously healthy woman from El Salvador
- Reported history of stroke in 2014 in El Salvador
- Works at McDonalds and unable to take time off for appointments

- In May 2019, she had sudden-onset complete Broca's aphasia and right-sided weakness while at home with family
- Rushed to Emergency Department

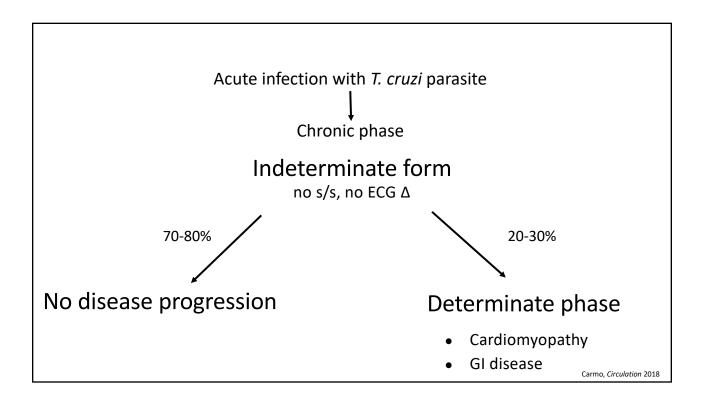
Imaging showed

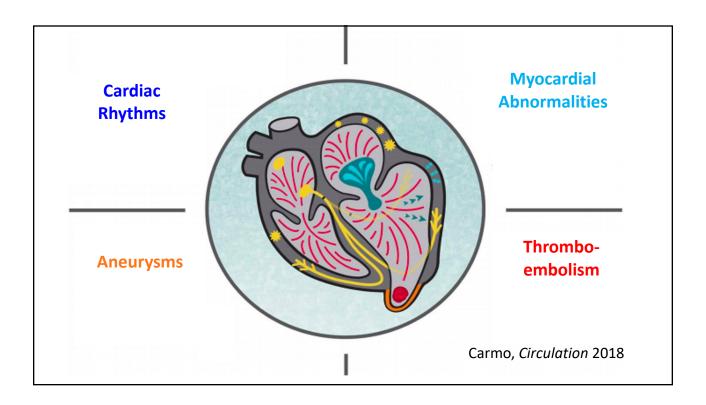
- Left MCA stroke leading to Broca's aphasia
- TTE: normal EF of 55%, LV apical aneurysm and akinesis of inferolateral and anterolateral wall with associated thrombus

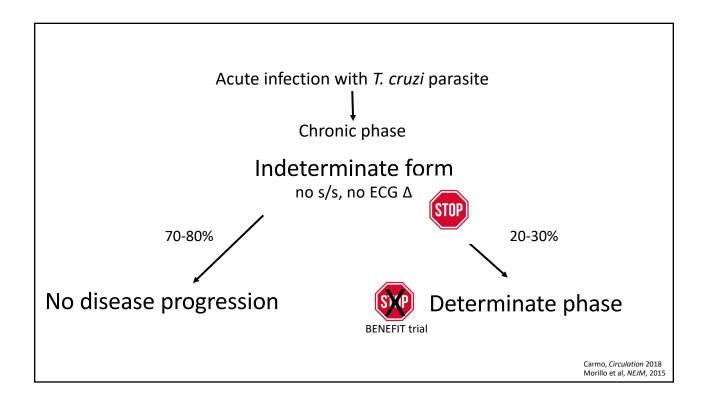


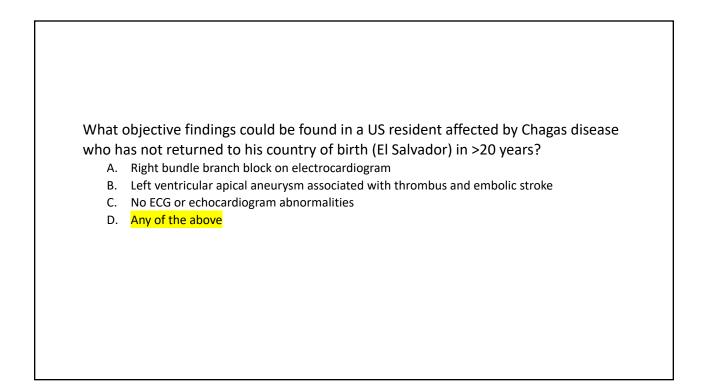
Work-up reveals positive *T. cruzi* serologies

- Received acute rehab with physical/occupational therapy
- Started on anticoagulation
- Evaluated in Infectious Diseases clinic not initiated on anti-parasitic treatment
- Some speech difficulties persist but right-sided weakness is nearly completely resolved

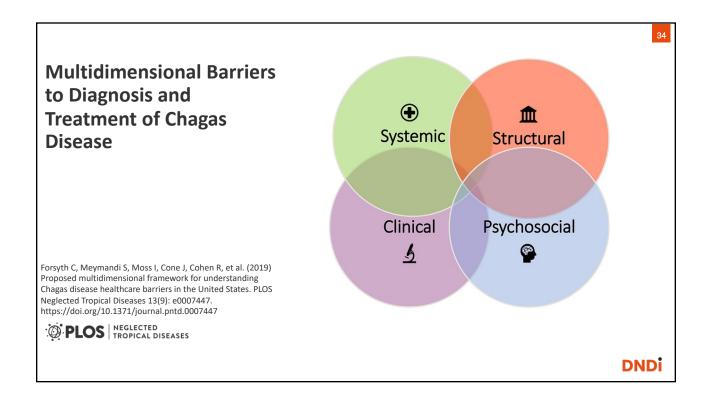












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86% of 2,677 Latin American-born residents of Los Angeles had never heard of Chagas disease (Sanchez et al. 2014)

It's a fatal disease, and yet you don't hear anything about it, it's like a phantom disease that is killing people but nobody knows it exists, until they tell you you have it. You always hear about diabetes, cancer, but [Chagas] disease is something that's never heard anywhere, not even in the media.

-Sara, 60, El Salvador

The majority of doctors in the United States don't know what Chagas is. I've gone to two cardiologists... and I had to show the doctor on Google what Chagas is. -Omar, 41, El Salvador



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What are the Main Difficulties or Concerns in Seeing a Doctor for Chagas Disease from Patients' Point of View?

- Not having a source of transportation
- Difficulty in getting time off from work
- Lack of insurance coverage
- Financial resources
- Bureaucracy/delays in the health system
- Having services close to home

Before I couldn't go [to the doctor], because I didn't know how to drive. I had to wait for someone to take me; I depended on someone giving me a ride as a favor. And then I didn't have money to pay for the appointment or the ride, or sometimes for lack of time, and I've had to neglect other tasks so I could go to the doctor. -Renata, 36, Mexico

Forsyth CJ, Hernandez S, Flores CA, Roman MF, Nieto JM, Marquez G, Sequeira J, Sequeira H, Meymandi SK. "You Don't Have a Normal Life": Coping with Chagas Disease in Los Angeles, California. Med Anthropol. 2021 Aug-Sep;40(6):525-540.

Forsyth CJ, Hernandez S, Flores CA, et al. "It's Like a Phantom Disease": Patient Perspectives on Access to Treatment for Chagas Disease in the United States. Am J Trop Med Hyg. 2018;98(3):735-741. doi:10.4269/ajtmh.17-0691

What is the most difficult part of adjusting to life in the United States?

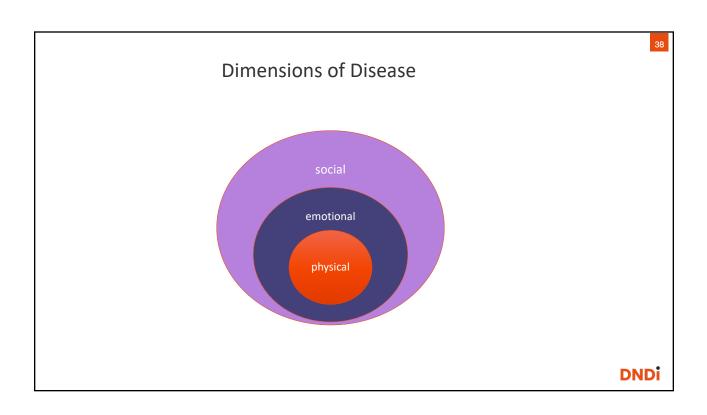
Top responses

- 1. The language (n=30, 60%)
- 2. Being far from family (n=13, 26%)
- 3. Finding/keeping jobs (n=13, 26%)

Well when you get here you go about in fear, if you don't have papers here. Also language, well you know that if you don't speak the language you feel afraid and that frustrates you in the beginning. -Roberto, 39, El Salvador



That was the most difficult part, the jobs. I started to get jobs here and there, and worked and worked. And then [the doctors] found out I had this Chagas disease and I had to stop working because I didn't have time to go to work. I was spending all my time in the hospital. -Carlota, 64, Guatemala



Key challenges in organizing Chagas disease care for migrant communities in the **United States**

- Heterogeneous population
 - Differential responses to testing and treatment?
 - Strategies around information, education and communication need to be adaptable (e.g., different terms for kissing bugs)
- · Availability of insurance coverage
- Linguistic differences
- Fear of accessing healthcare
- Inability to get time off from work
- Transportation challenges
- Mobility
- Preferring not to know
- Preferring to stay under the radar

DNDi

| 16 | | | Curr Trop | Med Rep (2019) 6:13–22 | |
|--|---|--|---|---------------------------------|--|
| Table 1 Public health indicators for Chagas diagonal | sease in the highest-preval | ence US states | | | |
| | California | Texas | Florida | New York | |
| Estimated burden of CD, (US ranking) [42] | 70,860 (1) | 36,977 (2) | 18,096 (3) | 17,403 (4) | |
| Latino population, millions Pew Research Center [43, 44] | 15.2 | 10.7 | 5.0 | 3.7 | |
| As % of state pop. | 39.0 | 38.2 | 24.0 | 19.0 | |
| % foreign born | 36.0 | 30.0 | 48.0 | 39.0 | |
| Chagas reportable? | No | Yes | No | No | |
| Local vectors [4] | T. leticularia T. rubida T. protracta P. hirsuta | T. leticularia T. sanguisuga T. rubida T. protracta T. gerstaeckeri T. indictiva T. neotomae T. necurva | T. leticularia T. sanguisuga T. rubrofasciata | None | |
| Medicaid expansion? [45] | Adopted | Not adopted | Not adopted | Adopted | |
| % uninsured Henry J. Kaiser Family Foundation 2018b [83] | 8 | 15 | 12 | 6 | |
| Patients treated [46] | 111 | 40 | 15 | 35 | |
| Key epidemiological studies | Meymandi et al. 2017 [47] | Garcia et al. 2015 [6] | Leiby et al. 2002 [48] | Kapelusznik et al. 2013 [49] | |

2. Which of the following areas would not represent a key difference between Florida and California that could impact programs for Chagas disease?

- a) Availability of insurance coverage for people at risk of T. cruzi Infection
- b) Presence of vector species in the natural environment
- c) Proportion of Latin American-born population from Chagas-endemic countries
- d) State government posture and rhetoric toward provision of healthcare for migrants

| | Which of the following is NOT a major barrier affecting access to diagnosis and | |
|----------|---|-----|
| trea | atment of Chagas disease for Latin American migrants in the U.S.? | |
| a) | Linguistic diferences between people at risk and healthcare personnel. | |
| b) | Low awarenss of what Chagas disease is among people at risk. | |
| c) d) | Limited testing options. Difficulties in getting time off from work. | |
| e) | All of the above are barriers | |
| , | | |
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Supporting individuals through Chagas disease care

- 35yo woman from rural El Salvador, moved to US in 2010, found to be *T. cruzi* positive in 2018
- Single mom of 2 children aged 6 and 12 years
- Works preparing food carts for commercial airplanes
- EKG revealed sinus bradycardia, TTE was normal
- Offered anti-parasitic treatment in Infectious Diseases clinic (60 day course of benznidazole)

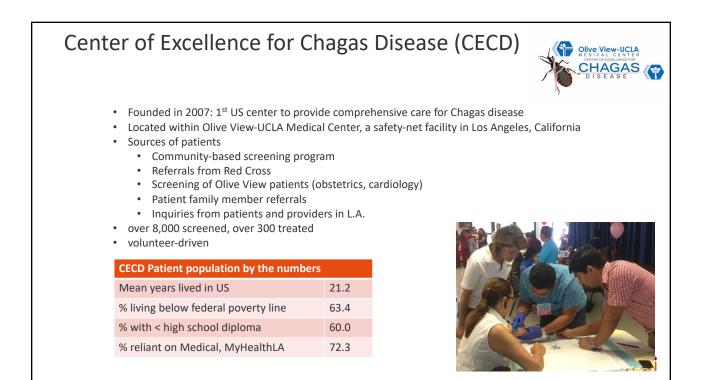
Neglected disease = neglected treatment options

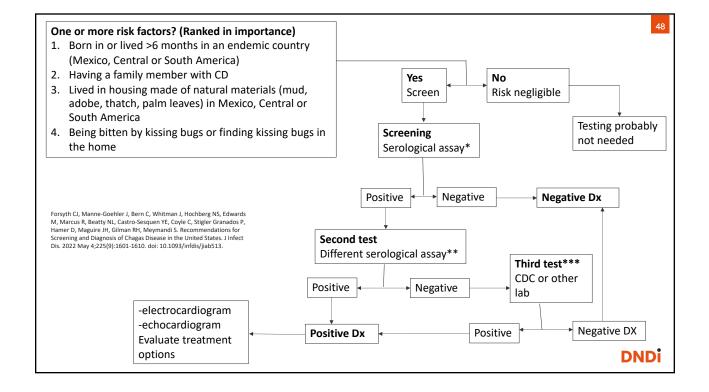
- Visits on day 1, 15*, 30, 37*, 45*, 60 of benznidazole therapy
 *Telemedicine visits led by pharmacist protocol developed by Alejandra Salazar, PharmD
- Adverse effects: mild pruritic rash on arms, daytime fatigue, nausea with vomiting x 3
- Adjunct medications prescribed: hydrocortisone 1% cream, meclizine 25mg prior to benznidazole dose

Follow-up

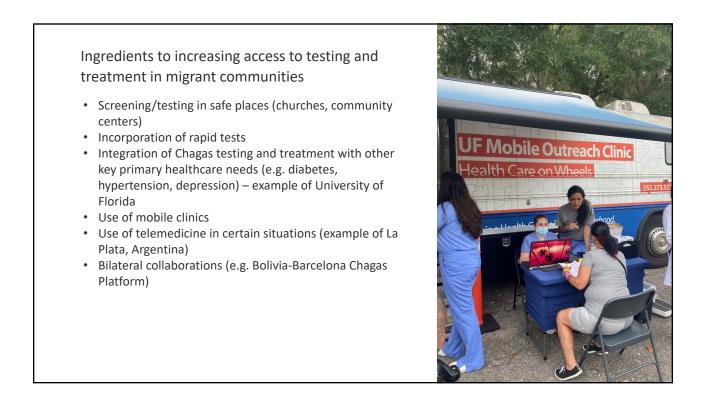
- Continues to follow once a year in ID clinic continues to be asymptomatic and has a normal EKG
- Children were screened (negative)





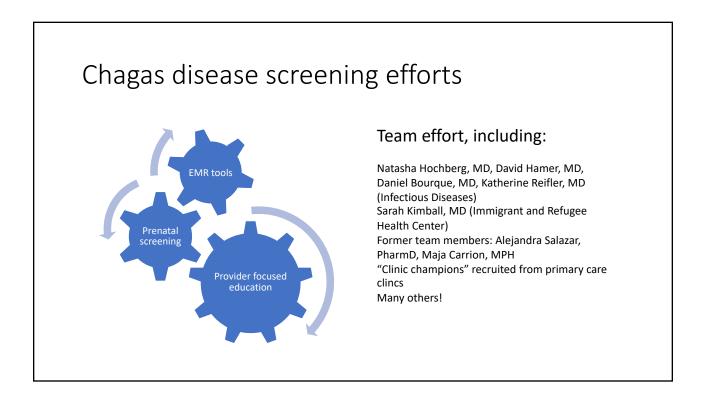


| Recommended Actions | Dimen | Dimensions Impacted | | |
|---|----------|------------------------|----------|----------|
| Incorporate routine screening, diagnosis and treatment of CD into primary healthcare programs, including those serving vulnerable populations regardless of insurance and/or immigration status. | Ð | Â | @ | <u>5</u> |
| Facilitate regulatory approval of diagnostic and therapeutic tools. | | ß | | |
| Incorporate CD knowledge and treatment guidelines into medical school curricula; promote continuing education on CD treatment guidelines for providers in areas with heavy CD burdens. | Ð | ß | | |
| Develop affordable medications that are safe and effective in all phases of the disease. | <u>4</u> | € | P | 血 |
| Explore means of reducing side effects and maximizing efficacy in benznidazole and nifurtimox | <u>5</u> | lacksquare | @ | 血 |
| Create simplified diagnostic procedures which minimize discordant or inconclusive results. | <u>4</u> | ۲ | | |
| Develop an accurate test of cure which can be implemented immediately after treatment. | 4 | \bullet | P | |
| Identify biomarkers which reliably predict disease progression. | 5 | lacksquare | | |
| Create programs offering free or low-cost services, including transportation. | Â | $igodoldsymbol{	heta}$ | P | |
| Provide CD healthcare in environments where patients feel safe from harassment, discrimination or persecution due to their ethnicity, CD diagnosis, or immigration status. | 血 | @ | | |
| Link CD programs to other community-based services for immigrants and other vulnerable groups affected by CD. | Â | @ | | |
| Integrate mental health services into CD healthcare at the point of diagnosis | (P) | | | |
| Support the development of patient groups and associations. | @ | lacksquare | Â | |
| Develop public campaigns that raise awareness of CD, counter misconceptions, and reduce stigmatization and fear. | (P) | | 盦 | |
| Legend:: 🕀 = Systemic, 🏦 = Structural, 🍄 = Psychosocial, 🔬 = Clinical | _ | Ŭ | | |



Integrating Chagas disease services into existing primary care for refugees/immigrants/migrants at BMC

Boston Medical Center Context BMC Pediatrics Task Force, ID Refugee Health Program BMC Pr Immigrant and Refugee Food Pantry, Inte **Health Center DB/GYN** Refugee Women's Health Clinic Program Administration and Leadership Central Intake, Phone # and Email **Response Tea** Patient N nd Case nigrant & Refugee Boston Center for Re Health and Human F Emergency Departme do not speak English as their primary language

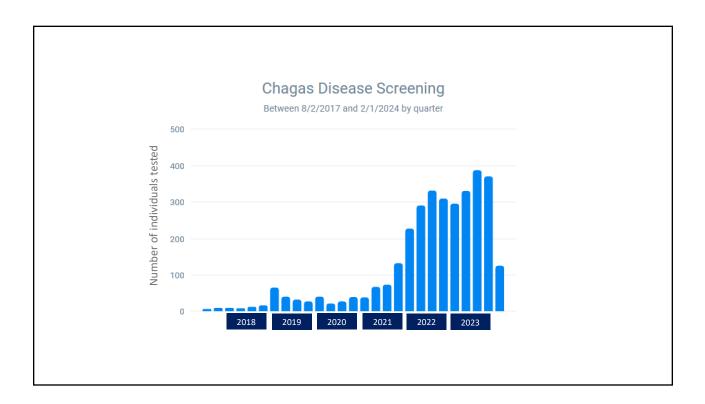


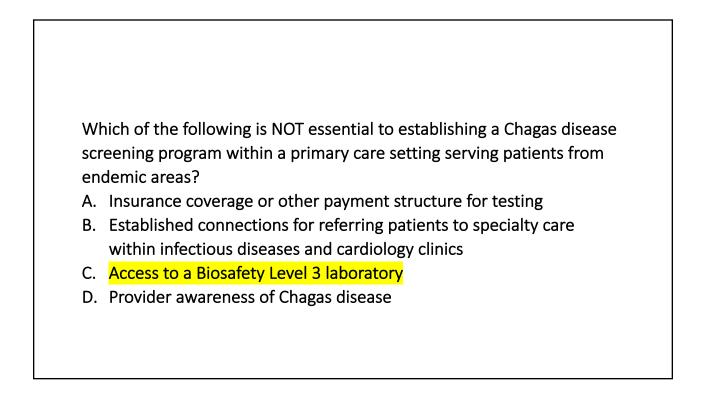


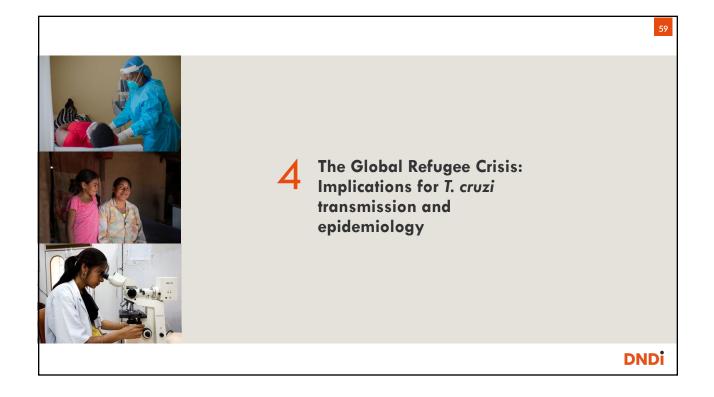
EMR (Epic) tools

- Migrant screening order panel
- Reflex confirmatory testing
- Prenatal testing panel

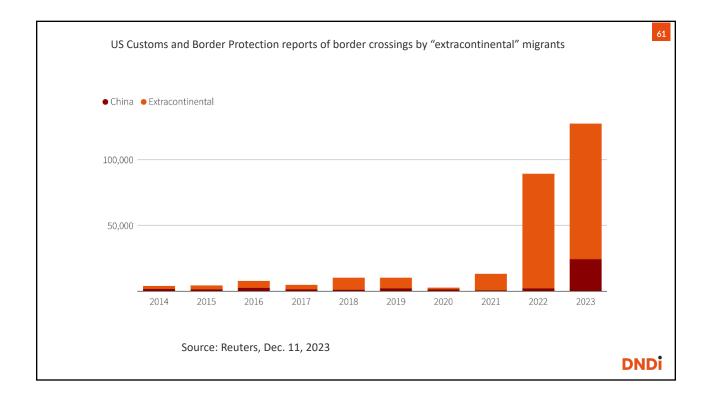
| AIGRANT SCREENING LAB PANEL | | | Order | Search | | - D X |
|--|-------------|---|-------|------------------|------------------------|------------------------|
| CBC and differential | CHAGA | s | P | | Browse Preference List | Eacility List Database |
| Routine, Lab Collect | E Pa | nels (No results found) | | | | |
| Syphilis IgG/IgM Screen w/ Reflex to RPR | l≩ Af | ter visit Medications (No results found) | | | | |
| Routine, Lab Collect | B AF | ter visit Procedures ≈ | | | | I (Alt+3) |
| Hepatitis A Ab-IgG Routine, Lab Collect | | Name | Type | Pref List | Px Code | |
| Hepatitis B Core AB | <u>ت</u> | Trypanosoma cruzi (Chagas), Antibody Screen | Lab | BMC AMB FAC PREF | LAB5388 | |
| Routine, Lab Collect | | | | | | |
| Hepatitis B surface Antigen | b bu | ring visit Medications (No results found) | | | | |
| Routine, Lab Collect | da Du | ring visit Procedures 🛠 | | | | 王 (Alt+5) |
| Measles (rubeola) IgG Routine, Lab Collect | | Name | | Type | Pref List | Code LAB5388 |
| Mumps IgG | ~ | Trypanosoma cruzi (Chagas), Antibody Screen | | Lab | BMC IP FAC PREF - LAB | LAB5388 |
| Routine, Lab Collect | | | | | | |
| Rubella Antibody | | | | | | |
| Routine, Lab Collect Varicella zoster IgG | | | | | | |
| Routine, Lab Collect | | | | | | |
| Quantiferon-TB Gold Plus | | | | | | |
| Routine, Lab Collect | | | | | | |
| Urinalysis, Complete CLINIC Collect Clinic Collect | | | | | | |
| Urinalysis, LAB collect Routine, Lab Collect | | | | | | |
| HIV-1/2 AG/AB Initial Screening | | | | | | |
| Chlamydia trachomatis/ Neisseria gonorrhoeae, Urine CLINIC Routine, Clinic Collect | | | | | | |
| Chlamydia trachomatis/ Neisseria gonorrhoeae, Urine LAB collect Lab Collect | | | | | | |
| Comprehensive O&P (Travel/History) Routine, Clinic Collect | | | | | | |
| Filaria antibody, special handling Routine, Lab Collect | | | | | | |
| If from Mexico, Central America, or South America | | | | | | |
| Trypanosoma cruzi Ab, Total (reflex to CDC Confirmatory) | | | | | | |
| Routine, Lab Collect | | | | | | |
| | | | | | | |
| Routine, Lab Collect | | | | | | |
| Routine, Lab Collect If from Sub-Saharan Africa Schistosoma antibody, special handling | | | | | | |

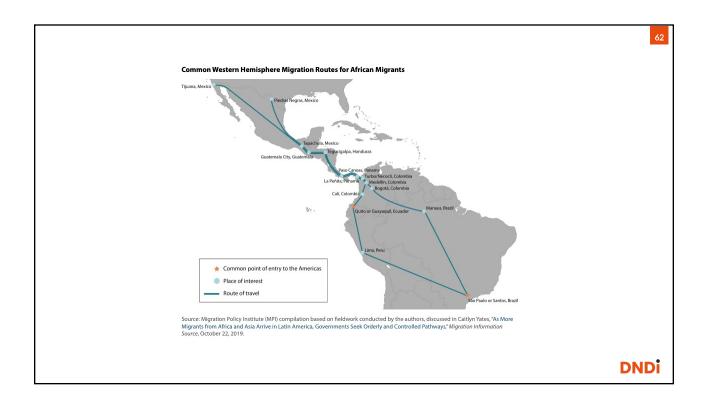


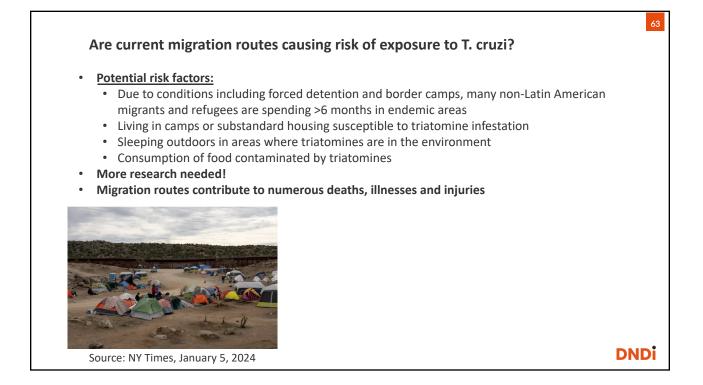


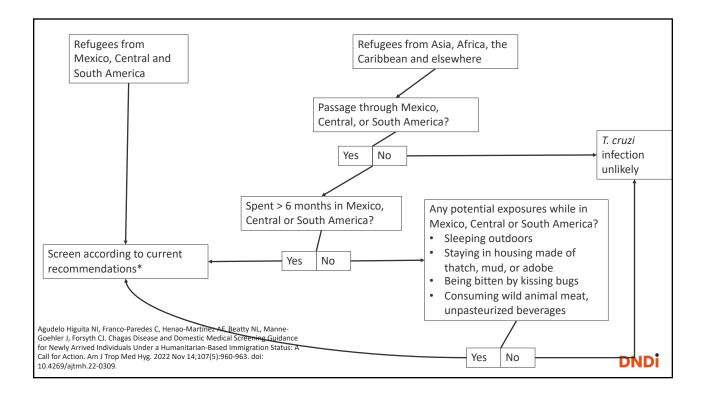


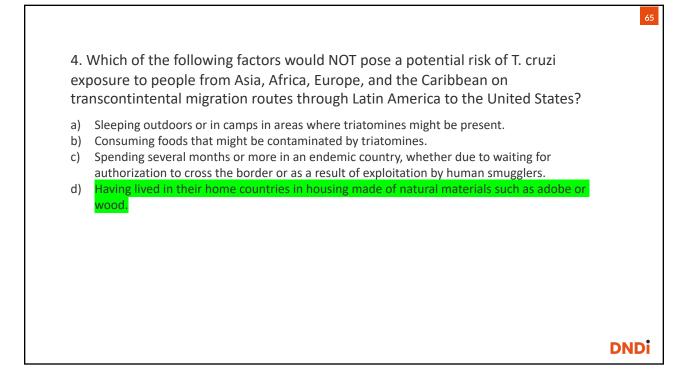
| G | ilobal Refugee Crisis | |
|-------------------|---|----|
| • 1 • 1 • 9 | 100 million displaced people and refugees - 1.2% of global population (UNHCR 2022) Growing global political insecurity and instability Increase in repressive regimes Climate change 7.7 million Venezuelan refugees and migrants, mostly in Latin American countries >250,000 Venezuelans crossed US-Mexico border in 2023 (Center for Strategic and International Studies) 1 million displaced Central Americans (UNHCR) Violence (gangs) Extortion Poverty and food insecurity Social and political crisis in Haiti 146,000 crossings reported at US-Mexico border 2020-2023 Africa: 30 million displaced people Democratic Republic of the Congo, Ethiopia, Central African Republic, South Sudan and Nigeria Civil conflicts, human rights abuses, insecurity | |
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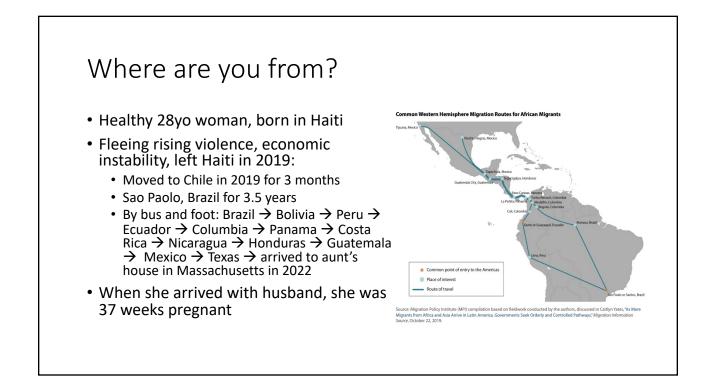


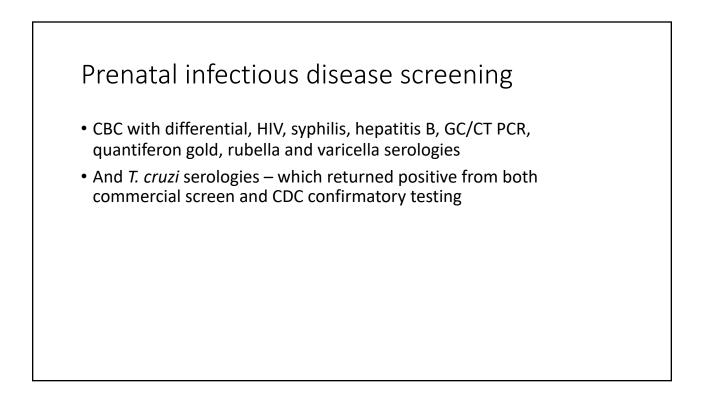






Where are you from? Complex migration histories and Chagas disease risk





Connection to care Seen in ID clinic Plan for initiation of treatment once no longer breastfeeding Referred to Immigrant and Refugee Health Center for primary care Has had frequent phone contact with case management/ social workers but missed in-person appointments – currently living in shelter ~1.5 hours away by public transportation

Chagas disease as a migrant health issue

- Global neglect of people affected by Chagas disease extends into the US
- Barriers to care shape the full continuum of Chagas disease care from diagnosis to treatment
- Multiple methods to improve access to testing and treatment that can be tailored according to context
- The current global crisis of displacement and common routes of migration carry new and poorly understood transmission risks

