

Session 3 - The E's of Leadership: Recommended Readings

- Goleman, D. What Makes a Leader. (1998) *Harvard Business Review*.
- Goleman, D. Emotional Intelligence Has 12 Elements. Which Do You Need to Work On? (2017) *Harvard Business Review*.
- Ovans, A. How Emotional Intelligence Became a Key Leadership Skill. (2015) *Harvard Business Review*.
- Jones, D.E. et al. Early Social-Emotional Functioning and Public Health: The Relationship Between Kindergarten Social Competence and Future Wellness. (2015) *American Journal of Public Health*. 105(11).
- Hojat, M. et al. Can Empathy, Other Personality Attributes, and Level of Positive Social Influence in Medical School Identify Potential Leaders in Medicine? (2015) *Academic Medicine*. 90(4).



Session 3 - The E's of Leadership: Recommended Readings

(continued)

- Bregman, P. “Leading with Emotional Courage: How to Have Hard Conversations, Create Accountability, And Inspire Action On Your Most Important Work” (2018)
- David, S. “Emotional Agility: Get Unstuck, Embrace Change, and Thrive in Work and Life”

Susan David Videos:

- <https://www.youtube.com/watch?v=j6UvJpXYsPM&t=2s>
- <https://www.youtube.com/watch?v=U5FTBQIIMp0&t=3s>
- https://www.youtube.com/watch?v=Eo_c0MKVD_Q&t=14s
- <https://www.youtube.com/watch?v=hnESfNBmIlg>

