# Decrease Risk of Harm from Opioids

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# PAIN

# Progression - OUD Adverse Event

OUD

FentanylAll the Other Risks

S Г **NERD(** 

# Treating Opioid Use Disorder

- Evidence based Treatments:
  - Agonist Therapy
    - Methadone
    - Buprenorphine
  - Antagonist Treatment
    - Depot Naltrexone
- Make these treatments accessible to people who need them when they need them
  - Expansion of OTP capacity (limited)
  - Expand Office Based Treatment with Buprenorphine
  - Instead of Inpatient Detox Transition to Agonist Therapy
  - Offer Buprenorphine in the ED

## **Changing Opioid Prescribing**

- Going forward: prescribe more effective and safer (non-opioid) medications for chronic non-cancer pain.
- When opioids are use make the prescription </= 3-5 Days
- For veterans currently on opioids long-term opioids
  - VA research into measuring risk
  - VA protocols for addressing prescribing for high-risk patients
  - Begin clinical change in the highest-risk patients
    - No blame
    - Offer alternative therapies first
    - Flexibility



## Development of a Risk Index for Serious Prescription Opioid-Induced Respiratory Depression or Overdose in Veterans' Health Administration Patients Zedler B, Xie L, Wang L et. al



Psychological Services 2017, Vol. 14, No. 1, 34-49 In the public domain http://dx.doi.org/10.1037/ser0000099

Development and Applications of the Veterans Health Administration's Stratification Tool for Opioid Risk Mitigation (STORM) to Improve Opioid Safety and Prevent Overdose and Suicide

## The VA Opioid Safety Initiative (OSI)

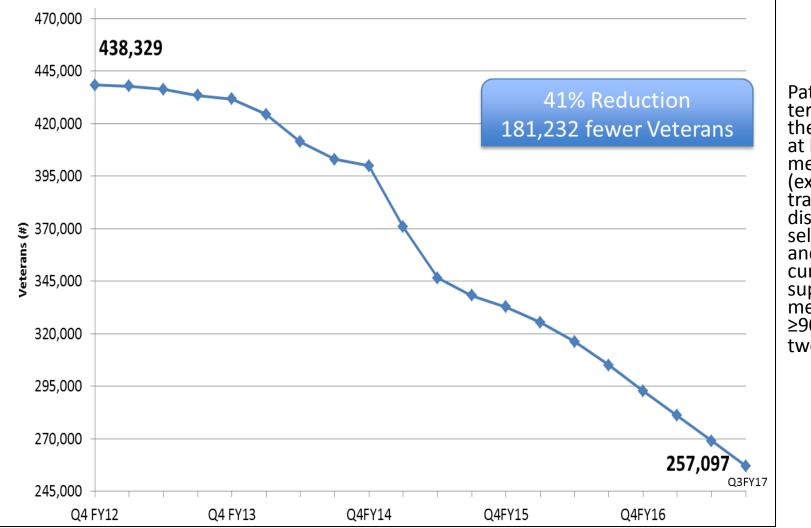
- Opioid Safety Initiative (OSI) expanded nationally in FY 2013
- The OSI aims to reduce over-reliance on opioid analgesics for pain management and to promote safe and effective use of opioid therapy when clinically indicated.
- Comprehensive OSI strategy that includes education of providers and expanded access to non-pharmacological treatment options, in particular behavioral and complementary integrative health modalities.
- **OSI Dashboard** makes the totality of opioid use visible within VA and provides feedback to stakeholders at VA facilities regarding key parameters of opioid prescribing.

#### STORM: Patient Detail Dashboard Stratification Tool for Opioid Risk Mitigation VA

Home Definitions Contact Us Summary Report

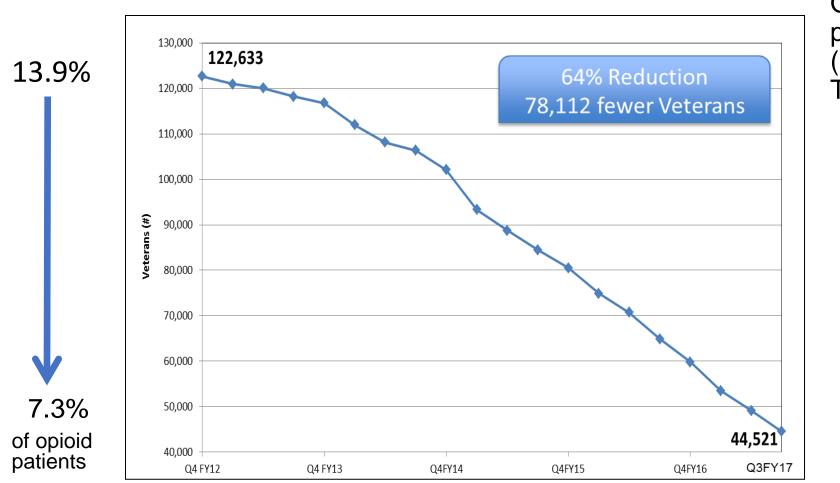
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				Bowel Regimen						
				Ned Reconcilation	10/23/15					

#### Veterans on Long-Term Opioid Therapy Q4 FY2012 to Q3 FY2017



Patients on longterm opioid therapy defined as at least one opioid medication (excluding tramadol) dispensed in the selected quarter and a total cumulative day supply of opioid medications of ≥90 days in the last two quarters.

### Veterans with Opioid and Benzodiazepine Q4 FY2012 to Q3 FY2017



Opioid patients (includes Tramadol)



